

Handout 20.1: Evidence and Likelihood That Your Partner Will Change

Client Initials: _____ Date: _____

Please write your answers to the following questions:

How many times has your partner ...

1. Physically hurt you? _____
2. Verbally abused, insulted, or humiliated you? _____
3. Forced you to have unwanted sex? _____
4. Threatened to hurt you? _____
5. Threatened to kill you? _____
6. Stalked you or repeatedly checked on your activities or whereabouts? _____
7. Verbally or physically abused you in front of or within earshot of the children?

8. Verbally or physically abused one or more of your children? _____
9. Apologized but then abused you again? _____
10. Promised to change? _____

Knowing that abusive behavior is very resistant to change, and given that history is often the best predictor of whether or not an abusive partner will change, is it likely that your abusive partner will change? Yes ____ No ____

Would you want a daughter of yours to be in a relationship with a partner like this?

If your daughter were in a relationship with a person like this, would you want her to stay or leave?

This handout is in the public domain. Readers may copy, distribute, or use as they see fit.